

– Nail Service –

❖ *The Grand Manicure:*

Our licensed nail technicians will clean, push back and remove excess cuticle. They will then buff, shape and file your nails. A hand massage and polish of your choice will add the finishing touches. For an additional charge, nail enhancements are available such as nail art, acrylic tips, and shellac or gel nail polish.

❖ *Express Manicure:*

Your nails will be cleaned, excess cuticle pushed back and removed. Nails are then buffed, filed and polished.

❖ *The Grand Pedicure:*

Our licensed nail technicians will clip, shape, buff and file your toenails. The Grand pedicure includes filing your feet, cuticle clean-up, scrub and a massage of your lower legs and feet. Hot towels are then applied and the finishing touch is a polish of your choice.

❖ *Express Pedicure:*

Your toenails will be filed and shaped with cuticle care. Heels will be scrubbed and filed if needed. Your feet will then be moisturized and nails polished.



– Spa Etiquette –

Please help us serve you better by observing the following:

— RESERVATIONS & CANCELLATIONS —

Reservations are always recommended. If we have time and staff available, we will take walk-ins. If you find you are unable to keep your appointment, cancellations must be made 24 hours prior to the appointment time. Missing, canceling or rescheduling your appointment within 24 hours will result in a fee equal to the value of the missed treatment.

— SPA ETIQUETTE —

We ask that you arrive 15 minutes prior to your scheduled appointment time to give you an opportunity to check-in, change, relax, and prepare your mind for your special treatment. Please note, should you arrive late, your treatment will be adjusted accordingly as a courtesy to the next guest.

Please honor all guests' comfort and relaxation by turning off or silencing all electronic devices before entering the spa.

We suggest you wear comfortable clothing, and please do not bring jewelry or valuables to the spa.

If your preference is to fully disrobe for your treatment, our therapists are properly trained in draping techniques to ensure your privacy and comfort.

Please let us know of any special requests when you schedule your appointment. We will do our best to accommodate you.

Gratuities for exceptional service may be made at your discretion. A 20% gratuity is customary for services.

For parties of 4 or more, or to book a spa package, please book your appointment as soon as possible in order to be scheduled on your preferred date.

— CHILDREN —

In order to ensure children's safety and a stress-free environment for our clients, children 5 – 12 years of age are only permitted in the spa area if they are accompanied by an adult and receiving a treatment. Any child under the age of 18 must have a consent form signed by a consenting adult in order to receive a skin treatment or massage. Children under 5 years of age are not permitted in the spa.

For reservations please call (405) 964-9204
Email – grandspa@potawatomi.org



mind • body • spirit

THE
Grand
SPA

THE
Grand
SPA

777 Grand Casino Blvd.
Shawnee, OK 74804
(405) 964-9204

THE Grand SPA

All of our massages are customized to each client's needs based on consultation.

❖ **Grand Signature Massage:**

Our popular Swedish massage targets the upper layers of muscles with gentle strokes to relieve stress and enhance relaxation.

❖ **Deep Tissue Massage:**

Targets the deeper layers of muscle. This is an intense massage that uses deep, smooth and slow strokes to relieve tension, deep aches and pains.

❖ **Aroma Therapy Massage:**

Choose the aroma therapy scent that you like best from a variety of essential oils such as mint, eucalyptus and warm lavender for this Swedish massage.

❖ **Grand Hot Stone Massage:**

An ancient Native American custom, water-heated smooth Basalt stones help balance the mind, body, and spirit by applying direct heat to key points on your body. A Hot Stone Massage aids in relaxing muscles, and expanding blood vessels which encourages blood flow throughout the body.

❖ **Couples Side by Side Massage:**

Each of you will experience a relaxing Grand Signature Massage together in a private room.

❖ **Mother to Be Prenatal Massage:**

Massage therapy during pregnancy is an excellent way to reduce stress and promote overall wellness and can assist in reducing backaches, stiff necks, headaches and edema. We recommend you speak with your physician prior to having a massage. We will not do a massage during the first trimester.

Body Treatment

❖ **The Grand Signature Body Wrap:**

This deeply relaxing treatment will soften the skin and soothe aching muscles. An exfoliation prepares the skin for a customized oil. Your body is then enveloped in warm towels as you melt away stress.

❖ **Customized Signature Facial:
45, 60 or 90 minutes**

A truly revolutionary treatment that is customized for your individual needs by our trained estheticians. The treatment is unique to each client based on the esthetician's professional customization of products and evaluation of your skin. Your facial will start with deep cleansing exfoliation and extractions if needed. A mask is then applied and the finishing service is targeted touch therapies to eliminate toxins, relax tissues, improve circulation and reduce stress in the face, head, neck and scalp.

❖ **Chemical Peel**

Our superficial skin peels result in little to no downtime but create dramatic and visible results. Skin peels offer benefits for all skin types – even the most sensitive. While treating all skin types, they are also great options for maintaining healthy skin and preventing visible damage.

❖ **Hydrafacial MD**

The HydraFacial MD resurfacing procedure uses award winning patented technology. It is a non-invasive treatment that detoxifies, rejuvenates and protects your skin for immediate results and long-term benefits. The multi-step treatment cleanses, exfoliates and extracts to remove impurities and dead skin while replenishing vital nutrients which help mitigate environmental damage, reduce the appearance of fine lines and wrinkles and plump and firm the skin for results you can see and feel instantly.

❖ **Waxing**

Our estheticians are trained in all types of body and facial waxing.

❖ **Tinting**

Tinting the eyebrows or eyelashes will result in color that will last approximately two months.

❖ **The Grand Spa Treatment Package:**

Hours of relaxation and rejuvenation start here. Begin with a relaxing detoxifying Aroma Therapy BodyWrap, followed by a 60 minute Swedish massage, then pamper yourself with a 60 minute Customized Signature Facial and finish your luxurious spa day with a Grand Manicure and Grand Pedicure. You will also be provided a refreshing lunch prepared by one of the chefs at the Grand!

❖ **The Grand Relaxation Day for Two Package:**

Connect or reconnect with your partner, friend or family member with a 60 minute Swedish massage, Aroma Therapy Body Wrap and a 60 minute Customized Signature Facial for two.

❖ **Just In Time Package:**

Need a quick fix or short on time? Come in for our 30 minute Grand Signature Massage and a 30 minute Customized Facial.

